

# Support At Home Packages



Community-based nursing and home support provider Newcastle and Hunter Community Health (NHCH) is bringing a new era of consumer-driven and localised care to the region, to help the elderly and people with a disability live their best life as independently as possible.

Newcastle and Hunter Community Health is a family owned and operated business established to provide personalised care to participants in the National Disability Insurance Scheme (NDIS) and Aged Care (SAH and DVA) within the community, including Support at Home recipients. Our individualised assessment ensures we understand the personal health and lifestyle goals of each client and their family, and accommodate their cultural, religious and lifestyle choices and beliefs in the planning process. The Newcastle and Hunter Community Health team consists of professional staff who deliver tailored health care, clinical and personal care, community support and domestic services to their clients.

## CARE MANAGEMENT

Newcastle and Hunter Community Health's Care Management includes identifying and addressing risks to recipient's safety, reviewing care recipients' agreements, care plan review, coordination and scheduling care and services, ensuring care and services are aligned with other supports, ensuring care and services are culturally appropriate and liaising with the care recipient and/or representatives. Subject to package level, the amount of case management will vary.



## CARE MANAGEMENT

Care Management fee covers the costs of ongoing organisation of activities associated with managing your package and services and managing the quality of care and services and the costs for preparing monthly statements.

## BASIC DAILY FEE

You may be required to make a contribution to the cost of your care by paying an Australian Government Income Tested Care Fee and/or Basic Daily Fee. Further information about your contributions is available on My Aged Care.

## STAFF TRAVEL COSTS

This fee is included in the total cost, which for Newcastle and Hunter Community Health staff to travel to client homes to provide direct care and applies to each visit.

## NURSING

Clinical services may include: wound care and management; medication management; general health and other assessments; clinical review and management including blood pressure. This does not include the price for goods such as bandages, dressings and continence aids where required.

The cost for clinical services are 100% covered by the Government.



Newcastle and Hunter  
Community Health



## What's Included

Fees and Services – SAH from 1 November 2025 – Australia Wide



### PERSONAL CARE

Personal Care includes assistance with activities such as bathing, showering, toileting, dressing, mobility and communication.



### CLEANING AND HOUSEHOLD TASKS

Cleaning and household tasks may include: cleaning (dusting, vacuuming, mopping, tidying); help with making beds; ironing; laundry; meal preparation; shopping; bill paying.



### RESPIRE

Support when carers are unavailable or need a break. Respite can be in the home or the community.



### LIGHT GARDENING

Light gardening can include watering, weeding, pruning, mowing and maintenance.



Newcastle and Hunter  
Community Health



## FEE SCHEDULE – SAH - 2025/26 – AUSTRALIA WIDE

From 1 November 2025

Note: You may be required to make a contribution to the cost of your care by paying an Australian Government Income tested Care Fee and/or Basic Daily Fee. The Support at Home funding amounts are current as of 1 November 2025. Further Information about your contributions is available at My Aged Care.

Care Management	
Fees Per Fortnight	\$120.00

Price for Common Services(Per Hour)	Standard Hours (Weekday)	Non-Standard (Weekday after 8pm)	Saturday 50%	Sunday 75%	Public Holidays 100%
Independence (Personal Care, Social Support and Community Engagement, Respite)	\$115.00	\$126.50	\$172.50	\$207.00	\$230.00
Everyday Living (Domestic Assistance, Home Maintenance and Repairs, Meals)	\$115.00	\$126.50	\$172.50	\$207.00	\$230.00
Transportation	\$40.00 (15 mins) \$55.00 (30 mins) \$70.00 (45 mins) \$75.00 (60+mins)	\$40.00 (15 mins) \$55.00 (30 mins) \$70.00 (45 mins) \$75.00 (60+mins)	\$45.00 (15 mins) \$60.00 (30 mins) \$70.00 (45 mins) \$85.00 (60+mins)	\$45.00 (15 mins) \$70.00 (30 mins) \$85.00 (45 mins) \$95.00 (60+mins)	\$60.00 (15 mins) \$95.00 (30 mins) \$115.00 (45 mins) \$130.00 (60+mins)
Clinical Supports (Registered Nurse)	\$175.00	\$192.50	\$262.50	\$315.00	\$350.00

*Fostering integrity,  
trust, quality & a  
connection with you*



☎ (02) 4920 1637

✉ [enquiries@nhch.com.au](mailto:enquiries@nhch.com.au)